

CERTIFICATE

OF PARTICIPATION

This is to certify that

JIGS ruyssenaers

Has successfully participated & completed the

Cross Duathlon - Standard Cowhouse Cross Duathlon #2

held at Hazeldean Valley Trails.

TIME 02:57:40

PACE 13.51km/h

OVERALL 17 of 25

GENDER 14 of 21

50 - 54 3 of 3

02 July 2023, Sun

Date



Bout Time

Signature